

Respecting Choices

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澄雲教育委員會共學小組

作法參考-P3

- P1-理解/整理/摘要
- P2-分析/比較/檢討
- P3-提議/分享/討論

以下本PPT有關介紹Respecting Choices之資料皆引自
：<https://respectingchoices.org/>

Respecting Choices®

is an internationally recognized, evidence-based model of advance care planning (ACP) that creates a healthcare culture of person-centered care—care that honors an individual's goals and values for current and future healthcare.

Mission

Guide organizations and communities worldwide to effectively **implement** and **sustain** evidence-based systems that **provide** person-centered care.

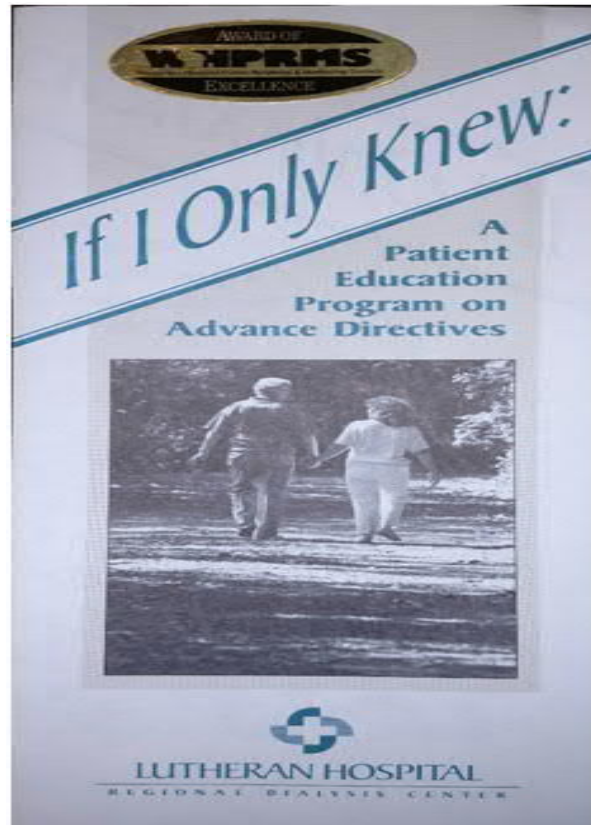
Vision

Transform healthcare culture by
integrating and disseminating
best practices to achieve person-
centered care.

History

- 1985 Bud Hammes/clinical ethicist/[Gundersen Health System](#) → 發現問題:系統+HP → 解決問題:ACP process/system-Lutheran Hospital
- 1986-87 "[If I Only Knew...](#)" program → 透析中心60病人 → 病人與家屬的對話 → AD量+plans清楚可用 + 家屬滿意 → 降低家屬及HP有關是否繼續或終止LST之moral distress
- 1990 " [Why couldn't we do this for the whole community?](#)" → community task force to improve care by ACP → ACP program-[Respecting Choices](#)
- 1993 The first Facilitator education was offered in 1993 in La Crosse , Wisconsin
- 1995-96 Allina Foundation-[La Crosse Advance Directive Study \(LADS I\)](#) -85%/96%/98%(1998) → 引起全美health organizations對RC的注意
- 1999 [Linda Briggs](#)/critical care nurse specialist/clinical ethicist/curriculum development specialist 加入 → launching the international platform for RC
- 2000 The first national RC education occurred in La Crosse in Spring-[Facilitator Certification](#)/[Design and Implementation](#) content/ [Instructor Certification](#) (4天課程)
- 2002 Australia/ 2004 Canada/ 2007 Germany/ 2009 Singapore
- 2007-08 [LADS II](#) - 90%/99%/99%
- 2017 RC program → [Coalition to Transform Advanced Care \(C-TAC\)](#)

Bud Hammes/Linda Briggs



Programs/ Services

□ Implementation Services

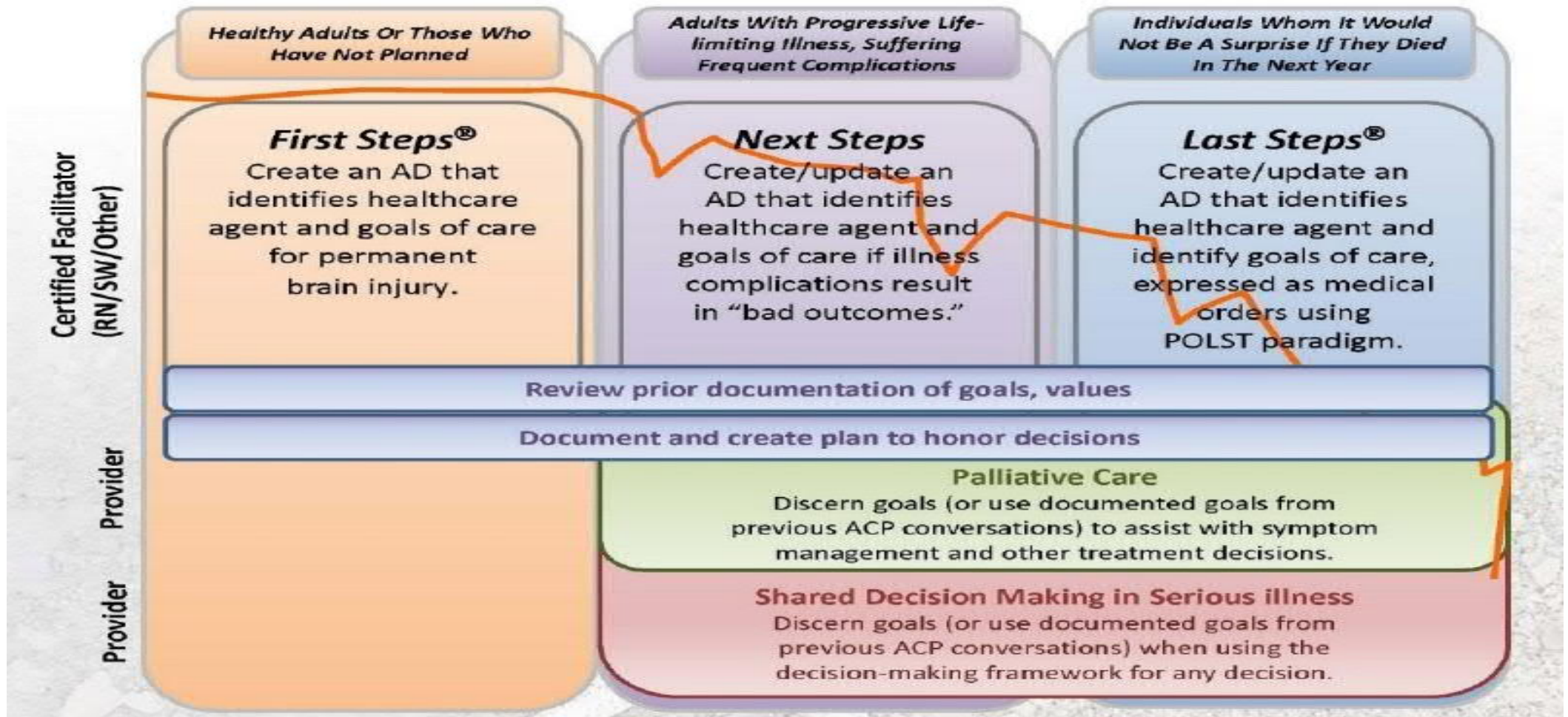
3 stages of planning:

First Steps® (FS), Next Steps (NS), and
Advanced Steps (AS) and Shared Decision
Making in Serious Illness (SDMSI).

□ Consultation Services

- Implementation Consultation/Leadership Engagement
- Consultation/Organizational Assessment
- Consultation/Organization Faculty Certification Program

3 stages of planning-ACP時機



Curriculum/Certifacations

to support an organization or community transformation to a person-centered healthcare culture

- ❑ Communication Skills and Education- [Building Physician Skills in Basic ACP online course](#)/ Certification programs for ACP [Facilitators](#) and [Instructors](#)
- ❑ Design and Implementation Strategies
- ❑ Respecting Choices® Certification Programs
- ❑ Stages of Planning

Key Elements in Designing and Sustaining an Effective ACP program



分析

□ Respecting Choices 的演變

- 性質：ACP 臨床實作 → 轉換 healthcare culture 為 person-centered care 之工具/研習課程
- 目標：提供一個教育護理人員之全面、有架構系統，以促進病人與家屬之對話
 - 藉由 ACP 計畫之實施，以改善照護
 - 提供藉由 ACP 之研習、認證及輔導實施，促進 person-centered care 之 healthcare culture 轉換及落實。

□ ACP 系統觀

- Leadership Matters / System Redesign / ACP Education and Facilitator Certification / Community Engagement / Continuous Quality Improvement

比較/檢討

	Respecting Choices	預立醫療照護諮商
ACP定位	person-centered care之工具	為預立醫療決定之前置程序
ACP性質	<ul style="list-style-type: none"> ■ 是一個有關未來醫療照護決定之理解、思考及討論，而持續性以人為中心之溝通過程。 ■ It is a process, not an event. 	<ul style="list-style-type: none"> ■ 為預立醫療決定之說明過程 ■ 偏重於一次性及簽署結果
ACP時機/重點	3 stages→HCA、不同因應	2stages/HCA未受重視
ACP system	5 key elements/Facilitator/Instructor Organization Faculty/Coordinator	leadership? 核心講師? 研習課程?
作法	inbound/outbound的研習課程 + 直接到組織提供redesign服務-grassroots	<ul style="list-style-type: none"> ■ inbound+個人研習 ■ 政府?

提議/分享/討論

ACP定位→建構 person-centered care 醫療照護文化之工具

→非拘限於為預立醫療決定的前置程序

→ACP之臨床一般化，實踐 person-centered care (臨床倫理面)；非僅立於自主權行使(權利保障面)

→ACP非限於意思決定過程之程序保障，藉由過程中之對話、討論及溝通，相關主體更易確實理解及尊重本人的想法、意願等

→建構 person-centered care

Q&D